

# FOOD FESTIVAL

By Aspens

Spring / Summer 2022

7/3, 28/3, 18/4, 9/5, 30/5, 20/6, 11/7

## WEEK ONE

### MONDAY Authentic Italian

Option 1

#### Beef Burger in a Bun

Oven Baked Wedges  
Coleslaw



Option 2

#### Super Veggie Burger in a Bun

Oven Baked Wedges  
Coleslaw



Potatoes & Pasta

Packed Lunch

The Finale

Warm Pineapple with Vanilla Ice Cream

Sticky Gingerbread Cake

Chocolate Brownie

Strawberry Mousse with Peach

Oat Cookie



Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

### TUESDAY Family Faves

#### BBQ Chicken Pizza

Crudites



#### Margherita Pizza

Crudites



### WEDNESDAY Baking British

#### Roast Beef

Roasties and Fresh Vegetables  
Gravy



#### Veggie Sausage & Summer Veg Traybake

Roasties and Fresh Vegetables  
Gravy



### THURSDAY Food Festival

#### Chicken Tikka Biryani

Wholegrain Rice  
Coconut Green Beans



#### Roasted Sweet Potato Dhal

Wholegrain Rice  
Coconut Green Beans



### FRIDAY Fun Day

#### Fish Fingers

Salmon or Pollock  
Chips and Baked Beans

#### Baked Beans & Vegetable Dippers

Chips



▲ Meat    ▼ Veggie    ◆ Jacket Potato    ■ Packed Lunch

# FOOD FESTIVAL

By Aspens

Spring / Summer 2022

21/2, 14/3, 4/4, 25/4, 16/5, 6/6, 27/6, 18/7

## WEEK TWO

### MONDAY Authentic Italian

Option 1

#### Creamy Chicken Pasta Bake

Whole Grain Penne  
Garlic Slice  
Green Salad

### TUESDAY Family Faves

#### Turkey Burger

Potato Wedges  
Sweetcorn

### WEDNESDAY Baking British

#### Roast Chicken & Stuffing

Roasties and  
Fresh Vegetables  
Gravy

### THURSDAY Food Festival

#### Beef Lasagne

New Potatoes  
Rainbow Slaw

### FRIDAY Fun Day

#### Baked Breaded Fish

Chips and  
Mushy Peas

Option 2

#### Veggie Bolognese

Whole Grain Penne  
Garlic Slice  
Green Salad

#### Baked Bean & Veggie Sausage Cowboy Pie

Potato Wedges  
Sweetcorn

#### Cheese & Spring Onion Pastry Slice

Roasties and  
Fresh Vegetables  
Gravy

#### Veggie Nachos & Cheese

New Potatoes  
Rainbow Slaw

#### Vegan Sausage Roll

Chips and  
Mushy Peas

Potatoes & Pasta  
Packed Lunch

Hot Tomato Pasta with Cheese or Crispy Skin Jacket Potato with Tasty Toppings available daily

#### Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

The Finale

Peach Puff Pastry  
Slice & Custard

Rice Krispie Cakes

Chocolate & Marshmallow  
Cake

Apple Pie & Custard

Fruity Flapjack

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

▲ Meat    ▼ Veggie    ◆ Jacket Potato    ■ Packed Lunch

# FOOD FESTIVAL

By Aspens

Spring / Summer 2022

28/2, 21/3, 11/4, 2/5, 23/5, 13/6, 4/7,

## WEEK THREE

### MONDAY Authentic Italian

Option 1

Meatball, Pasta & Garlic Bread  
Traybake  
Sweetcorn ▲

### TUESDAY Family Faves

Chicken Sausage & Mash  
Green Beans  
Gravy ▲

### WEDNESDAY Baking British

Roast Chicken & Stuffing  
Roasties and Fresh Vegetables  
Gravy ▲

### THURSDAY Food Festival

Honey & Soy Chicken Stir Fry  
Wholegrain Rice  
Broccoli ▲

### FRIDAY Fun Day

Fish Fingers  
Salmon or Pollock  
Chips and Peas

Option 2

Tomato & Mozzarella Gnocchi  
Garlic Slice  
Sweetcorn ▼

Veggie Sausage & Mash  
Green Beans  
Gravy ▼

Quorn Roast  
Roasties and Fresh Vegetables  
Gravy ▼

Crunchy Topped Macaroni Cheese  
Broccoli ▼

Cheesy Bean Wraps  
Chips and Peas ▼

Potatoes & Pasta

Hot Tomato Pasta with Cheese available daily or Crispy Skin Jacket Potato with Tasty Toppings ◆

Packed Lunch

Pick and Mix Packed Lunch

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit ■

The Finale

Chocolate Mousse with Mandarin

Sticky Toffee Pudding & Custard

Vanilla Sprinkle Sponge

Apple Crumble with Custard

Ginger Cookie

Homemade Bread, Fresh Fruit, Yoghurt and Salad available every day

▲ Meat   ▼ Veggie   ◆ Jacket Potato   ■ Packed Lunch